



Warwickshire Health & Wellbeing Strategy

Easy Read Summary

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Welcome from the Warwickshire Health and Wellbeing Board.



"I am Councillor Izzy Seccombe. I lead the Warwickshire Health and Wellbeing Board. Thank you very much for reading this report. I hope you find it useful".

About this report:

This report tells you how we want to make sure that people who live in Warwickshire feel as happy and healthy as they can be, no matter who they are or where they live in the County.

Some of the words we use that might be hard to understand are in blue. They are explained at the end of the report.

Health and Wellbeing Board

The Health and **Wellbeing** Board is a group of people from Warwickshire County Council, District and Borough Councils, Voluntary and Community Groups, the Police and Healthwatch. They all work together to agree a 5 year strategy or plan. This plan is called the Health and Wellbeing Strategy.

The plan will help us to:

- make sure more people are healthy and happy
- run better health and care services
- give people a say over services

The plan is called the **Health and Wellbeing Strategy**.



Understanding what people need

Our plan is based on what people tell us they want and the information we have that tells us the support people need.

We do this by working with **Healthwatch** who talk to patients/customers and feedback to us the things that are important to people.

We use the **Joint Strategic Needs Assessment** (JSNA) which is a document full of evidence about services and peoples support/health needs in Warwickshire.



Understand

Our Plan Priorities

Our Plan has three **priorities**, these are the important areas we will focus on:

1. Promoting independence

This means we want to help people look after their own health, live independently and make choices about their lives.

What we will do

We will help people to look after their own health

We will make sure that people that need extra support get the help they need

We will help families give children get the best start in life

We will support young people as they become adults

We will make sure people with disabilities have the same opportunities as anyone else

We will support older people to stay in their own homes for as long as they want to

2. Community resilience

This means we want to help community groups and local people to support each other

What we will do

We will help people to support each other and look out for each other

We will help community groups to run services

We will support people to learn and to achieve

3. Integration and working together

This means we want to make sure Organisations talk to each other in better ways to make things easier for patients and customers when they access services

What we will do

We will make it easier for people to get the right services when they need it.

This will mean people will be less likely to need to go to hospital or care homes.

We will share information with each other so we can provide better services

We will work together to support and encourage healthy living

Who will deliver the plan?

Lots of Partners from all over Warwickshire will work together help deliver the Plan including

Warwickshire County Council

County Council services include:

Public Health

Social Care

Transport and Traffic

North Warwickshire Borough Council

Nuneaton and Bedworth Borough Council

Rugby Borough Council

Stratford-on-Avon District Council

Warwick District Council

Housing

[Planning](#)

Health organisations

There are a number of health organisations responsible for doctor's surgeries, hospitals and other health services.

Police

Warwickshire Police are responsible for keeping people safe from crime

HealthWatch

HealthWatch gives a voice to people who use health and care services

Charities and community groups

Charities and community groups deliver many services and speak up for particular groups of people.

For example, Age UK provides advice, information and support for older people.

How will we know the plan has worked?

The plan includes a number of actions and targets.

Progress is reported to the Health and Wellbeing Board.

The Health and Wellbeing Board publishes an Annual Report.

The Health and Wellbeing Board will take action if we need to improve.



Where can I find out more?



Please look at the website hwb.warwickshire.gov.uk



or ring 01926 410410



or email: hwb@warwickshire.gov.uk

How can I have my say?

We would like to know what you think about our plan and how we are doing.

Please contact 01926 410410

Definitions

Health and Wellbeing Strategy

The Health and Wellbeing Strategy says what the Health and Wellbeing Board will do for the next five years.

The Health and Wellbeing Board will work with lots of different organisations to help make the plan happen.

Joint Strategic Needs Assessment

This is a report with lots of information about the health of people who live in Warwickshire, and the services that they need.

Planning

Planning is the rules around new houses, roads and other things that people build.

Priorities

Priorities are things that are important.

Social Care

Social care is extra help that people need because of illness, disability, old age or other needs.

HealthWatch

HealthWatch is an organisation.

HealthWatch listens to people who use health and care services, and speaks up for them.

Wellbeing

Wellbeing is about how you feel. It can be affected by lots of different things, like:

- Being able to see family and friends
- Having a safe and warm home or
- Being able to get a job or volunteer if you want to

